



Long Branch High School September 2025

Together We Can, Juntos Nós Podemos, Juntos Podemos



Handcrafted Deli Sandwiches
Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread



Cheese and Pepperoni Pizza Plus, Sausage Pizzas

Monday: Mozzarella Sticks w/ Crispy Fries
Tuesday: Hawaiian Pizza
Wednesday: Pepperoni Cheese Calzone
Thursday: Buffalo Chicken Pizza
Friday: Pizza Bagel

	Menu is Subject to Change		9/4 Macaroni & Cheese Mixed Vegetables Roasted Parmesan Carrot Stick	9/5 Nacho Bar (Tinga Chicken or Beef Taco) Mexican Sweet Potatoes
9/8 Crispy Chicken Bowl w/ Spinach, Mashed Potatoes and Gravy Broccoli Cheddar Soup	9/9 <u>Chicken Biryani Bowl</u> Choice Chicken or Falafel (v) Turmeric Rice, Spice Roasted Chickpeas Tomato and Spinach Broccoli Cheddar Soup	9/10 Hot Open Turkey Sandwich w/ Gravy Mashed Potatoes & Sweet Peas Broccoli Cheddar Soup	9/11 Beef & Cheese Enchiladas w/ Spanish Rice Refried Beans Black Bean & Roasted Corn Salsa Broccoli Cheddar Soup	9/12 <u>Brunch Bar</u> (French Toast Sticks, Pancakes, Sausage, Biscuits & Gravy) (v) & Crispy Tater Tot Broccoli Cheddar Soup
9/15 General Tso's Chicken over Brown Rice Broccoli Chicken Noodle Soup	9/16 Taco Tatchos w/ Cheddar Cheese Sauce Tator Tots Roasted Corn and Pepper Salad Chicken Noodle Soup	9/17 <u>Welcome Back Celebration!</u> Chicken Fajita w/ Onions & Peppers Steamed Rice Mexican Corn Chicken Noodle Soup	9/18 Meatballs over Pasta Marinara Roasted Broccoli & Carrots Chicken Noodle Soup	9/19 Baked Chicken Tenders Crispy Wedges Glazed Carrot Coins Dinner Roll Chicken Noodle Soup
9/22 <u>Breakfast For Lunch</u> French Toast Sticks w/ Syrup Turkey Sausage Links Home Fries Baked Cinnamon Pears Cream of Potato Soup	9/23 <u>Taco Tuesday</u> Loaded Nacho w/ Toppings Mex Roasted Sweet Potatoes Black Bean Salsa Cream of Potato Soup	9/24 Sweet & Sour Chicken "Take Out" w/ Rice Chinese Style Vegetables Mandarin Cabbage Salad Cream of Potato Soup	9/25 Chef David's Delicious Baked Ziti Garlic Bread Steamed Jersey Fresh Collard Greens Cream of Potato Soup	9/26 <u>Potato Bar</u> (Chili, Pulled Pork, Taco Filling) (Tots, Wedges, Baked Potato) Broccoli Cream of Potato Soup
9/29 Boneless Wings (Sweet Chili, BBQ, Buffalo) Crispy Fries Carrot & Celery Sticks Tomato Basil Soup	9/30 Twin Taco w/ Toppings Cilantro Lime Rice Mex Zucchini Black Beans Salsa Tomato Basil Soup	10/1 <u>Chicken Biryani Bowl</u> Choice Chicken or Falafel (v) Turmeric Rice, Spice Roasted Chickpeas Tomato and Spinach Tomato Basil Soup	10/2 Crispy Chicken & Golden Waffles Sweet Potato Fries Buttered Green Peas Tomato Basil Soup	10/3 Chicken & Broccoli Alfredo Pasta Dinner roll Roasted Vegetables Tomato Basil Soup

For Nutrition information
<https://longbranch.nutrislice.com/menu>

Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,
Assorted Fresh Fruits or Canned Fruits
Assorted 100% Juices
Assorted Low Fat and Skim Milks & Lactaid Milk